

The Acute Basic Palliation Concept from the Perspectives of Primary Care Nurses – A Qualitative Study

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"You didn't have to spend all that energy trying to find the medication and contact doctors (...) It was just there

RESULTS

Three key themes were identified. *Streamlining Workflows* showed that the ABPC improved efficiency by ensuring medication availability, allowing nurses to focus on patient-centred care. *Effective and Timely Symptom Relief* emphasised that the ABPC supported prompt and adequate symptom management, enhancing patients' comfort in terminal care. *Enhanced Communication and Information Flow* demonstrated that the ABPC promoted better communication across care sectors, and improved transparency and consistency, thereby reducing stress for patients and relatives.

"It gave us peace to take care of the patient because relatives weren't as frustrated and scared as usual"

BACKGROUND

The Acute Basic Palliation Concept (ABPC) was developed in the North Denmark Region to improve basic palliative care for patients during hospitalisation and after discharge for terminal care at home. This study explored primary care nurses' perspectives and experiences with the ABPC, designed to enhance the quality of terminal care for frail patients transitioning from hospital to primary care.

METHODS

This study employed semi-structured interviews with 15 primary care nurses from November 2023 to September 2024 to explore their experiences with the ABPC. The interviews were analysed using thematic analysis with an inductive approach.

CONCLUSION

The ABPC was perceived to enhance terminal care by streamlining workflows, ensuring timely symptom relief, and improving communication during transitions from hospital to home, allowing for more person-centred care. However, further education for primary care nurses in palliative symptom management may increase the concept's impact and potential.